

4 DAY WEEK PILOT PROGRAMM

What is it?

This pilot is a coordinated, 6-month trial of a four-day working week, with no loss in pay for employees. It runs alongside similar pilot schemes which have taken place in Ireland, the United States, the United Kingdom, Canada, Australia and New Zealand.

The pilot is coordinated by 4 Day Week Global in partnership with local international partners and Boston College. You will have unparalleled access to the expertise, tools and resources you will need to run a smooth and successful trial.

Who should participate?

Organisations who want to be pioneers in trialing a four-day working week, as a way of supporting and empowering workers, enhancing organisational productivity and having a positive impact on our society and the environment.

What does it involve?

To help put you and your organization in the best position to succeed, the pilot includes:

1. **Workshops:** delivered by 4 Day Week Global alongside companies and organisations that have already successfully implemented a four-day week. This will include online webinars and resources to help with common challenges, pitfalls and misconceptions.
2. **Mentoring:** from the experts at 4 Day Week Global and from our network of accredited 4 day week organisations, you will be matched with one of our mentors with the experience that best supports your unique situation.
3. **Networking:** with other participants in the coordinated pilot. This community will act as a peer-support network to share learnings and experiences.
4. **Research:** by a team of world-class academics, as part of a global research project. Our researchers will work with you to establish relevant productivity and worker wellbeing metrics for your organisation, and to define what success looks like for you. These metrics will be monitored throughout the trial, with a confidential impact assessment specific to your organisation produced after the trial, alongside a published report collating the data from all participating companies and employees on an anonymous basis.

What is the timeline?

First month: Preparation, training and onboarding sessions with our support team begins.

Second month: Establish baseline metrics for the research aspect of the pilot and get trial-ready.

Next six months: Pilot program trial period.

Find out more:

For more information please contact us at program@4dayweek.com or visit 4dayweek.com